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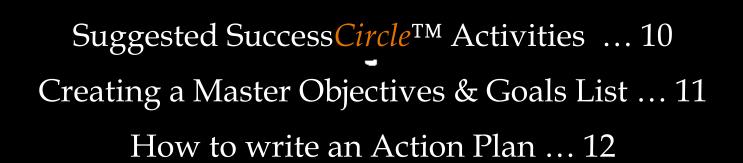
Positive People – Positive Results





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Great teams
are made up of
ordinary people
who are
empowered
to achieve
extraordinary
success
by choosing
to be the best
that they can be,
in every moment,
both personally
& professionally.

**K**atreena Hayes-Wood

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# What is a

# Success Circle?



A Success Circle<sup>TM</sup> is any group of people who make a commitment to meet on a regular basis with the intention of helping one another achieve their dreams and goals.



#### Our Success *Circle*™ Group Agreement

	will meet on:	(day of the week) from
	to	for the nextweeks.
The	location of our n	neetings will be:
Wea	agree to the follo	wing values: (check those the group agrees to):
	Confidentiality	I will keep anything that is said strictly confidential.
	Attendance	I will give priority to the group meetings for the agreed number of weeks.
	Acceptance	We accept each other unconditionally. We are not here to "fix" each other.
	Respect	We respect each other's feelings, opinions and suggestions without judgment.
	Okay to Pass	No one is required to share.
	Okay to Disagree	I accept that others may not hold the same view.
	Participation	I speak for myself only and I listen to others attentively.
	Balance	We seek a balance in our sharing times. Everyone is welcome to share and no one dominates.
	Support	I will support my fellow Success Circle™ members.
	Other:	

### Purpose of a Success Circle?

#### & Vision ❖

Success*Circles*<sup>TM</sup> are a source of empowerment that allow participants a safe and encouraging environment to discuss, define, achieve and celebrate individual potential and success.

#### ৯ Purpose

Using the concept of collaborative achievement, like ripples on a pond, a Success *Circle*<sup>™</sup> allows participants to achieve and experience a greater level of personal and professional excellence by learning to assist one other in the process of goal attainment. Success *Circles*<sup>™</sup> create an environment of creativity and community while at the same time enriching our experience of gratitude and deepening our connection to our purpose in life.

#### 

- 1. Create a safe, empowering and supportive environment.
- 2. Support and encourage the personal and professional growth of each Success *Circle*™ member.
- 3. Uphold the power of intention and commitment.
- 4. Provide a group environment where Success*Circle*<sup>TM</sup> members can participate in the power of sharing and collaborative achievement.
- 5. Provide a safe space that allows individual Success *Circle*™ members a place to celebrate personal and professional achievment and excellence.

## Facilitating a Success Circle

Note: Success*Circle*<sup>TM</sup> meetings should last no more that 90 minutes.

#### → First Meeting ◆

- Welcome, greet attendees.
- If possible have light refreshments, they are always welcome!
- Pass out and assemble Success Circle<sup>TM</sup>
   Workbooks.
  - Three-ring binder, 1" thickness
  - A-Z divider tabs
  - Three-hole punched, lined notebook paper.
- Opening Circle:
  - Discuss and review the purpose of SuccessCircles<sup>TM</sup>.
  - Go over the SuccessCircle<sup>TM</sup>
     Agreement, and set intention for the group.
  - Sign Success Circle<sup>TM</sup> Agreement and file in Workbooks.
- Suggested Activities:
  - Create Master Objectives & Goals Directory (MOGL). *Instructions to follow*.
  - Create an Individual Treasure Map. *Instructions to follow.*
- Homework:
  - Each Success Circle<sup>TM</sup> member needs to define his/her goals they want to accomplish during the Success Circle<sup>TM</sup>.



#### ➣ Following Meetings <</p>

- Welcome
- Opening Circle
  - Go around the Circle and have each member share a success story for the week.
  - Have each member share a challenge for the week. Other members are encouraged to offer advise, resources, assistance, etc.
  - *Note:* from week to week, during opening circle members will ask for and share advice for challenges presented the week before.
- Activity—See suggestions
- Closing Circle
  - Each member will present a quick one minute (or less): My intention for the next week is...

## Suggested Success Circle Activities

SuccessCircle<sup>TM</sup> meetings, ideally have a purpose or a focus. Most organizations like to include their SuccessCircle<sup>TM</sup> as part of a weekly staff or management meeting.

Prior to the meeting, an assigned Circle Leader (we recommend that you have a different leader, each week, for your Success Circle<sup>TM</sup>), is tasked with hosting an activity that will reinforce the focus for SuccessCircle<sup>TM</sup>.

Below are a list of some of the ideas we've seen over the years, that your team may also enjoy. We also recommend that you ask other SuccessCircle<sup>TM</sup> members for suggestions and ideas about activities, topics, and issues that may be beneficial to the SuccessCircle<sup>TM</sup> while keeping members focused on the goals and objective of the SuccessCircle<sup>TM</sup> and its members.

#### 

- 1. What I Like About YOU. Have each SuccessCircle™ member write their name on a 3X5 index card. Put the cards in a hat, each person draws a card out (make sure it's not their own card). On the back of the card each member will write what they like or appreciate about the person whose name is written on the card. Leader gathers the cards and reads the name and what is written on the back of each card.
- 2. Create a Treasure Map: Each SuccessCir-



cle<sup>™</sup> member will need a blank sheet of paper of tag board, 2-3 favorite magazines and colored markers. The goal is for each person to cut out pictures and words that represent "how they want to look" when they reach their goal or objective. Hang the Treasure Map in a prominent place where you can see it everyday to remind you of your goals.

3. Volunteer: A SuccessCircle™ is very much like a giving circle or a philanthropic organization that focuses on helping others. Your SuccessCircle™ may want to choose a charity they'd like to support. Decide who or what you'd like to support and how you can best support your chosen charity. Plan a time to do your work together, as a team.

Send us your activity ideas to:

Ideas@CareerServicesNetwork.com

# Creating a Master Objectives & Goals List

You're creating your Master Objective & Goals List...Your MOGL! And just like any successful entrepreneur a.k.a. Mogul, you need a well-defined action plan. In the space below you are going to write down everything you want to do, achieve, experience, places to visit, etc. in your life...here's the catch...you have only three minutes to do this! USE A TIMER AND DON'T CHEAT! After you've completed your list refer to it as you begin to plan your success and write action plans. This is your Master List, some people call this their "Bucket List" and you can add more "things" to your list as you expand your Master Plan.. Use the Action Plan to chronicle your plan toward achieving your goals and objectives.



## Sample Action Plan

Print out one Action Plan for each Goal or Objective and file in your binder.

My Goal:	
Why am I setting this goal?:	
Start Date::	
Benchmark One Date:	
Benchmark Two Date:	
Accomplishment Date:	
Required Resources I will need to accomplish my g	goal:
• People:	
• Time:	
Money:	
Necessary Steps: (actions you must take to get to each	major benchmark)
My Reward:	
My Signature	Today's Date